

## BREAD SCHEDULE

Our breads are made with organic flours and grains.

### MONDAY

Whole Spelt  
Cinnamon Raisin  
Rosemary Olive Oil  
Five Kern  
Columbia Sourdough

### TUESDAY

Coarse Grained Whole Wheat  
Rye  
Cranberry Pecan  
Nine Grain  
Sourdough Wheat

### WEDNESDAY

Honey Whole Wheat  
Onion Rye  
Maple Oat  
Sweet Multigrain  
Columbia Sourdough

### THURSDAY

Buttermilk Currant  
Country Walnut  
Five Kern  
Sourdough Wheat

### FRIDAY

Sesame Whole Wheat  
Rye  
Olive  
Nine Grain  
Columbia Sourdough

### SATURDAY

Herb & Garlic  
Sun-Dried Tomato  
Honey Seed  
Sweet Multigrain  
Sourdough Wheat

### DAILY BREAD

ciabatta  
natural french  
baguette

10 Hitt St.  
573.256.2265

Open Monday to Friday at 6:00 am  
Saturday at 7:00 am

## BEVERAGES

coffee	1.25/1.75
refill	.50
espresso	1.50
double espresso	2.75
cafe au lait	2.25/2.75
americano	1.50/2.00
latte	2.75/3.25
cappuccino	2.75/3.25
mocha	3.25/3.75
hot chocolate	2.50/3.00
iced coffee "toddy"	2.00
with water	2.50
with milk	3.00
with soy milk	
extra shot	add .50
with soy milk	add .50
flavored syrup	add .50
hot tea	1.00
bottled juices, teas, and sodas	1.00 and up
milk	1.50
soy milk	2.00



Carla J. McElroy 2006



## BREAKFAST

### MORNING PASTRIES

Our pastries are made from scratch by our hands.

croissant	\$1.75
chocolate croissant	\$2.00
cherry almond danish	\$2.50
scone	\$2.25
muffin	\$2.00
buttermilk biscuit	\$1.50

ham & cheese croissant	
spinach & goat cheese croissant	
red pepper & egg croissant	
sausage biscuit	\$3.50

QUICHE	\$5.00
gourmet selections vary daily served with a side of greens	

GRANOLA	\$2.00
bowl of homemade granola with milk substitute soy milk add \$1.00	
substitute yogurt add \$1.00	
with berries add \$1.50	

BISCUIT & GRAVY	\$4.00
buttermilk drop biscuit with choice of sausage gravy or vegetarian gravy	

SIDES	
sausage or vegetarian gravy	\$2.00
vanilla yogurt	\$1.50
whole wheat toast (2 slices)	\$1.00

### LUNCH PASTRY

potato knish	\$2.75
veggie turnover	\$2.75
focaccia	\$2.50
mini mushroom turnover	\$1.00

## LUNCH starts at 11:00

### HOT SANDWICHES

GRILLED CHEESE	\$4.00
with fontina & monterey jack cheese on choice of deli bread	

GRILLED HAM	\$5.75
with swiss, on rye	

BLT	\$5.75
bacon, greens, tomato, & aioli on toasted baguette	

ROASTED VEGETABLE	\$6.50
roasted portobello mushrooms with red bell pepper, caramelized onion and pesto goat cheese, served on ciabatta	

ROASTED TURKEY	\$7.00
with roasted pablano peppers, pepper jack cheese and aioli, on ciabatta	

CUBAN PULLED PORK	\$7.50
with ham, roasted pablano pepper, sauteed onion, fontina cheese & chipotle aioli, served on ciabatta	

PIZZA OF THE WEEK	veg. \$6/meat \$7
BLACK BEAN QUESADILLA	\$6.50

### LUNCH SPECIALS

Small sandwich on a roll, with a cup of soup	\$6.00
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Small sandwich on a roll with a bowl of soup or green salad	\$7.00
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Soup and salad combination with choice of roll	\$.50 off
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### COLD SANDWICHES

BOURSIN	\$5.75
whipped, herbed cream cheese with lettuce and tomato, on baguette	

HAM & SWISS	\$5.75
with greens, onions, tomato, mustard and aioli, on rye	

HUMMUS	\$5.00
with greens, onions, tomato & swiss, on choice of deli bread	

CURRY TURKEY	\$5.00
roast turkey salad seasoned with curry aioli, with lettuce, on choice of deli bread	
on croissant	\$6.00

BIG TOMATO (seasonal)	\$6.50
thick slices of homegrown tomatoes, layered with roasted red peppers, goat cheese and vinaigrette, on ciabatta	

CUCUMBER (seasonal)	\$6.00
with avocado, sprouts, buttermilk dressing, and white cheddar cheese, on ciabatta	
with turkey	\$7.50

PEANUT BUTTER & JELLY	\$4.00
natural missouri peanut butter & local berry jelly, on sourdough white or wheat	

deli breads: sourdough white or wheat, nine grain, rye

pasta or potato salad	\$2.00
with sandwich purchase	only \$1.50

## SALADS, SOUPS, ETC.

### SALADS

HOUSE	\$4.50
fresh greens with almonds and cranberries, croutons and sesame honey mustard dressing with the roll of your choice	

TOSSED	\$5.00
cucumber, tomato, red onion and carrots tossed with greens, croutons and your choice of dressing, with roll	

THAI CAESAR	\$4.50
tossed in a dressing of garlic, lime, olive oil, ginger, with anchovy and parmesan, croutons and your choice of roll	

THE BIG SALAD	\$7.50
cucumber, tomato, red onion and carrots tossed with buttermilk dressing, topped with turkey, ham, and monterey jack cheese; with croutons and roll	
dressings: pesto vinaigrette, goatsbeard bleu cheese, spicy balsamic, honey mustard	

### BREAD PLATES

olive oil	\$2.50
hummus	\$3.50
marinara goat cheese	\$4.50
garlic cheese bread	\$4.00

### SOUPS OF THE DAY

Delicious seasonal soups homemade daily. Served with your choice of roll.

cup	\$3.25
bowl	\$4.50